

‘My proudest moment is being thanked on Police Memorial Day’

Case study: **Zoe Wakefield**

Sergeant Zoe Wakefield readily admits that when she became a Federation rep she had no idea what she had let herself in for.

Recalling how it happened, she said: "I'd had a few drinks at a colleague's leaving do when I was talked into standing. I was unopposed and had no idea what I'd let myself in for."

However, the Hampshire officer soon found her feet and has now been a Fed rep for 11 years - Zoe

believes the role has added real value to her skill set.

"I enjoy giving advice and helping my colleagues. It's also satisfying pointing out to managers where they are going wrong. Plus it's always nice to have time away from the custody suite!"

Like many Fed reps, Zoe has experienced a number of different cases, and learned a lot. But there is one poignant moment that stands out for her in her time as a rep.

She said: "My proudest moment was being

thanked by a female officer for supporting her at the National Police Memorial Day, following the death of her serving husband on duty.

"As well as that, I've learned about equality, legislation, police regulations and employment law. I also have negotiation skills, and have experienced the process of employment tribunals and supported colleagues through flexible working."

And would Zoe recommend being a Federation rep?
"Yes! Go for it."

Could you be a Fed rep? Find out how you can get involved at www.polfed.org/repsatwork