West Midlands and Met police officers named joint winners at this year's national Police Bravery Awards

Two West Midlands Police constables and a Metropolitan Police constable have been named as joint overall winners at this year's national Police Bravery Awards.

The West Midlands officers disarmed a mentally ill man who had stabbed three worshippers at a Birmingham mosque, were declared joint winners along with PC Winston Mugarura, from the Metropolitan Police, who confronted a group of ten during vicious attack on man in Charing Cross, London.

The pair were presented with the overall winner award by Home Secretary Theresa May at a ceremony in central London attended by senior figures from government and chief constables from around the country.

Home Secretary Theresa May said:

"We must never forget the incredible risks and dangerous situations that police officers and staff face, every day, so that we – the general public – don't have to.

"This year's nominees acted decisively and heroically to save others from harm, in situations that most of us can only begin to imagine, and which put their own safety in jeopardy.

"Their actions stand as examples to us all, and to all in policing. It is only right that their tremendous valour is honoured in this way."

PC Koch said:

"I am absolutely stunned – I didn't expect that given all the other fantastic nominees in this room."

PC Stevens said:

"I am really shocked and surprised that we won because this room is full of some of the most wonderful colleagues."

PC Mugarura said:

"I am amazed because all of the officers here are so deserving in their own right. They all do a good job and everyone is a winner."

Steve White, chair of the Police Federation of England and Wales, said:

"This year's winners of the Police Bravery Awards show the outstanding commitment and courage the police officers involved showed in putting the lives of

others before their own. Their incredible acts of selflessness and instinctiveness to run towards danger, is a reminder to us all of the challenges police officers face every day in their line of work, and we herald them for their immense bravery and resolve."

Stephen Mann, CEO, Police Mutual, said:

"The heroic acts carried out in policing these incidents not only led to arrests, but prevented more harm being caused. Police Mutual is extremely honoured to sponsor the Police Bravery Awards and celebrate the dedication and commitment of our most courageous officers. We thank you wholeheartedly for keeping us safe."

Regional winners of the Police Bravery Awards 2015 are:

Cambridgeshire

Two constables who were attacked by a man with an array of weapons have won the eastern region Police Bravery Award at a ceremony in central London.

PC Janine Hagger and PC Pete Moulton were presented with the eastern region winners' award by Stephen Mann, chief executive of Police Mutual, at the ceremony in central London at the event attended by senior figures from government and chief constables from around the country.

Gwent

Two Gwent Police constables have won a regional Police Bravery Award for saving eight people from a house fire in Newport.

PC Rhiannon Hurst and PC Owen Davies were confronted with a three storey end of terrace property which was well ablaze. It was a chaotic scene with the ambulance service already in attendance.

Hertfordshire

A Hertfordshire Police constable has won a prestigious regional Police Bravery Award after chasing down a pair of armed gunmen who had kidnapped and threated to kill another man.

PC Christopher Kouwenberg was shot at 'at least five times' while pursuing one of the suspects on foot, moved an elderly bystander to safety and ultimately rescued the kidnap victim who was tied up in the back of the car and had a gun put to his head.

Merseyside

A Merseyside Police constable who disarmed and arrested a robber armed with a handgun has won a prestigious regional Police Bravery Award.

PC Paul Kirwin wrestled the handgun off the man who was pointing it at terrified shop staff and managed to handcuff and, with the help of a colleague, arrest him.

Metropolitan 3

A Metropolitan Police constable who confronted a group of ten during a vicious attack on a man in Charing Cross, London, while off duty has been presented with the regional Police Bravery Award for London.

Northumbria

A Northumbria Police officer who helped save lives during an explosive road accident while he was off-duty has been awarded a prestigious regional bravery award.

PC Rob Ford pulled a woman from her car moments before it burst into flames after repeatedly returning to the smoking car to pull her free.

West Midlands

Two West Midlands Police constables who disarmed a mentally ill man who had stabbed three worshippers at a Birmingham mosque have won a prestigious regional Police Bravery Award.

PC Adam Koch suffered wounds to his chest and stomach after a man lunged at him with a commando-style knife while PC Jean Stevens disarmed and arrested him.